

UERMMMCI ALUMNI FOUNDATION USA, INC.
COMMUNITY SERVICE COMMITTEE REPORT
March 18, 2011

I. Overview

A. The Community Service Committee aims to support and assist the UERMMMCI in its mission of:

1. improving the health and social conditions of indigent and underserved communities
2. providing students with quality education and leadership training as 5-star physicians in Community Medicine.

B. To attain these objectives, the Community Service Committee has established a close working relationship, including on-site visits and funding of grants and awards, with the Department of Preventive & Community Medicine in the following areas:

1. MUCHSEP (Multidisciplinary Urban Community Health Service Extension Program)
2. Antipolo CBHP (Community Based Health Program)
3. Dr. Alejandra Paz-Garcia Excellence in Community Medicine Awards and
4. The Community Medicine Learning Center : A Green Building

II. MUCHSEP (see attachments)

A. Following recommendations from PAASCU, a Memorandum of Agreement between the UERMMMCI and Sanguniang Panglungsod ng Quezon City was signed to provide basic health services to the urban poor community near the UERM campus. This program serves as additional venue for the training of students, interns, residents, faculty and allied health professionals of the Medical Center. Senior Interns hold regular clinics at the Multipurpose Hall. This program also requires participation by the Alumni. Of the 7 component projects, our committee has been in continuing dialogue with the Department in support of the first three projects, listed as follows:

1. Nutrition Project
2. Botika sa Barangay
3. Healthcare Financing Project (PhilHealth)
4. Health Cooperative Project
5. Multispecialty Health Clinics
6. Human Resource Capability Development Project
7. Scholarship Project with TESDA (Technical Education and Skills Development Authority)

B. Nutrition Project

In the aftermath of the devastation wrought by Typhoon Ondoy, a Soup Kitchen Feeding Program was initiated in October 2009, conducting about 8 sessions that lasted until February 2010 and served about fifteen hundred meals to malnourished children in areas 38 & 29 of Barangay Imelda. The Nutrition Program began by middle of 2010 and ended December 2010. Summaries of the program are attached. A donation of \$750.00 from Class 64 was coursed through AFUSA.

Last February 3, site visits were conducted by the Alumni (Dr. Victor K. O'Yek, '71 and Dr. Val Guzman, '73) along with a tour of Area 29. A community meeting was conducted at the Multipurpose Hall, the Faculty (Drs. Paredes, Javier Juangco) gave a summation of the program with remarks from the Kagawads and response of gratitude from the community. The children did several performances, had their handwritten thank you notes posted on the bulletin board and the mothers gave heartfelt testimonials (captured on film by videographer Dr. Val Guzman). Also in attendance were the Senior Interns, Barangay Health Worker and other community leaders. The project was deemed a resounding success, another round is being planned for areas which have not been reached. This will need further funding (see below).

C. Botika sa Barangay

The BsB project will provide access to essential drugs and medicinal plant preparations at reasonable prices. A funding of \$1000.00, again courtesy of Class 64 through AFUSA, has been allocated for this project which is slated to start in 2011. This fund is now with UERM but not yet released to MUCHSEP.

III. Antipolo CBHP (see attachment)

A. The Community Based Health Program of UERMMMCI was established in 1987 in Antipolo City in partnership with local government unit and support of other community organizations. Under the leadership of Dr. Edith Regalado the program continues to develop and expand, with facilities and services now available in more than 15 CBHP sites. All essential elements of Primary Health Care are followed as the strategy in providing basic health services. Students of the Colleges of Medicine, Nursing and Physical Therapy develop skills in community diagnosis, health planning, implementation of health programs as well as training of Barangay Health Workers. Although the program strives to be self-sufficient, their Botika sa Barangay project can be enhanced through additional funding (see below).

B. Last January 31, ceremonies were held for the graduation of 13 Barangay Health Workers from Tanzaville 1&2 after undergoing 6 months of rigorous training, and for the disengagement of the Junior Interns after a month long rotation in ComMed. Dr. Regalado coordinated the ceremony with participations from the Nursing Faculty, Ms. Tagulinaw of Gawad Kalinga, LGU's Dr. Reillo and our committee. Also in attendance were Nursing students from the University of Saskatchewan and other community leaders.

IV. Community Medicine Awards

A. The Department presents Awards to Junior Interns for outstanding performances in Community Medicine during their month long rotation in Antipolo. The \$500 fund comes from the Dr. Alejandra Paz Garcia Professorial Chair and is distributed as follows:

1. Most Outstanding Intern in Community Medicine - \$200.00
2. Most Outstanding Group in Community Medicine - \$200.00
3. Citation for Outstanding Performance in Community Medicine -\$100.00

B. The Award is given out during the Commencement Exercises every year.

V. Green Building

The proposed construction of the Community Medicine Learning Center (A Green Building) at the lots in Antipolo owned by the UERM Alumni will serve as the focal point of education and research in Community Medicine for the Colleges of Medicine, Nursing and Physical Therapy. This is a project of the Alumni and Friends of UERMMMMC Foundation in the Philippines. There is not a defined role for our Committee in this project. To date, no money from AFUSA has been disbursed to the Alumni & Friends Foundation for the Green Building.

VI. Budget, Fundraising, Awards and Grants

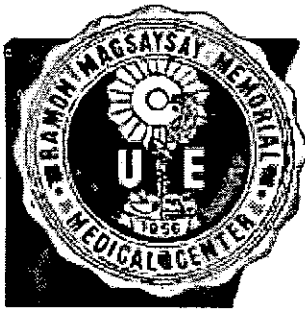
A. A sum of \$500.00 from the Dr. Alejandra Paz Garcia Professorial Chair Fund has been budgeted annually for the Outstanding Performances in Community Medicine Awards.

B. In 2005, for fear of reverting the Antipolo lots back to the National Housing Authority due to property tax arrears, we raised money to liquidate the bill. However, because doing so may violate IRS regulations, this was not done and the money remains with AFUSA. Over the ensuing years, donations variously designated for Community Service, Green Building, Community Medicine Learning Center, etc. were added to this fund.

C. MUCHSEP requests a grant for the continuation of the Nutrition Program. A Request for Funding form will be forwarded.

D. Antipolo CBHP requests a grant for the Botika sa Barangay project. A Request for Funding form will be forwarded.

Victorio K. O'Yek, MD, Chair
Ned Valen, MD, Co-Chair
Josie Garcia-Siddiq, MD
Carlos Gotardo, MD
Nanette Pasatiempo, MD
Belen Gilo, MD
Isabel Mirasol, MD



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COLLEGE OF MEDICINE
MULTI-DISCIPLINARY URBAN COMMUNITY
HEALTH SERVICES EXTENSION PROGRAM

Listed below are the community organizing activities spearheaded in the adopted community of Brgy. Doña Imelda, Quezon City from 2009 to 2011:

DATE OF ACTIVITY	ACTIVITY	DEPARTMENTS / UNITS / FACULTY IN CHARGE
January 2009	<ul style="list-style-type: none"> • Goiter Awareness Month <ul style="list-style-type: none"> ○ Public Health Lecture on Thyroid Malignancy and Free Fine Needle Aspiration Biopsy for Anterior Neck Masses ○ Public Health Lecture on Goiter • Cancer Awareness: Public Health Lecture on Early Screening for Common Malignancies (Medicine) 	<p><i>Otorhinolaryngology</i></p> <ul style="list-style-type: none"> • Dr. Raymond Tapang <p><i>Pathology</i></p> <ul style="list-style-type: none"> • for histopathology <p><i>Physiology</i></p> <ul style="list-style-type: none"> • Dr. Rochelle Valera <p><i>Medicine</i></p> <ul style="list-style-type: none"> • Dr. Denky dela Rosa
February 2009	<ul style="list-style-type: none"> • Oral Health Month <ul style="list-style-type: none"> ○ Free Dental Screening at the Yakap Day Care Center, Area 38 Kapiligan ○ Herbal Medicine: Guava Mouth Antiseptic • Healthy Heart Month: Free 12-L ECG 	<p><i>UE College of Dentistry</i></p> <p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Jennifer M. Nailes • Dr. Ramon Jason M. Javier • Ms. Mirvill Ramirez <p><i>Medicine</i></p> <ul style="list-style-type: none"> • Resident Physicians
March 2009	<ul style="list-style-type: none"> • Public Health Lecture on Hansen's Disease (Leprosy) 	<p><i>Section of Dermatology, Medicine</i></p> <ul style="list-style-type: none"> • Resident Physicians
May 2009	<ul style="list-style-type: none"> • Public Health Lecture on Dengue and Home Visit / Inspection of Possible Breeding Grounds for the Mosquito Vector 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Jennifer M. Nailes • Dr. Grace E. Brizuela

May 2009	<ul style="list-style-type: none"> Public Health Lecture on Influenza A(H1N1) 	<i>Microbiology and Parasitology</i> <ul style="list-style-type: none"> Dr. Disraeli V. Europa
June 2009	<ul style="list-style-type: none"> Lay Forum on Chronic Kidney Diseases in Children Opening of the UERMMMCI-MUCHSEP Office and Community Clinic (Palanza Health Center) 	<i>Pediatrics</i> <ul style="list-style-type: none"> Dr. Ana Marie D. Espaldon <i>Preventive and Community Medicine</i> <ul style="list-style-type: none"> Dr. Georgina T. Paredes Dr. Jennifer M. Naites Dr. Grace E. Brizuela Dr. Ramon Jason M. Javier Dr. Franciosa L. Gavino Dr. Niño D.M. Dayanghirang Dr. Dickison Que Ms. Mirvill Ramirez Mr. Restituto Umali
July 2009	<ul style="list-style-type: none"> Public Health Lecture on Nutrition 	<i>Biochemistry</i> <ul style="list-style-type: none"> Dr. Ma. Milagros U. Magat Dr. Suzette M. Mendoza Dr. Marivic A. Villamor Dr. Agnes A. Alba Dr. Lourdes L. Balcueva Dr. Ma. Lilia T. Reyes
August 2009	<ul style="list-style-type: none"> Osteoporosis Screening: Free DEXA Screening 	<i>UE College of Physical Therapy</i> <i>Rehabilitation Medicine</i> <ul style="list-style-type: none"> Dr. Arnel V. Malaya Dr. Josephine R. Bundoc
September 2009	<ul style="list-style-type: none"> Lay Forum on Epilepsy and Seizure Disorders Community Diagnosis: Areas 29, 48, 81 Kapiligan and Araneta Extension Lay Forum on Obesity Prevention 	<i>Section of Neurology, Clinical Neurosciences</i> <i>Preventive and Community Medicine</i> <ul style="list-style-type: none"> Dr. Georgina T. Paredes Dr. Jennifer M. Naites Dr. Ramon Jason M. Javier Dr. Franciosa L. Gavino Dr. Jose Ronilo G. Juangco Dr. Niño D.M. Dayanghirang <i>Physiology</i> <ul style="list-style-type: none"> Dr. Lana Jomi H. Alcon

<p>October to November 2009</p>	<ul style="list-style-type: none"> • Relief Operations for Typhoon Ondoy Victims • Soup Kitchen 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Jennifer M. Nailes • Dr. Ramon Jason M. Javier • Dr. Franciosa L. Gavino • Dr. Jose Ronilo G. Juangco • Dr. Niño D.M. Dayanghirang • Ms. Mirvill Ramirez <p><i>UERMMMCI College of Medicine Student Council and Student Organizations</i></p>
<p>December 2009</p>	<ul style="list-style-type: none"> • Soup Kitchen • Gift-Giving for the Children in Areas 29 and 38 Kapiligan • Christmas Party and Recognition Day for Barangay Health Workers 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Jennifer M. Nailes • Dr. Grace E. Brizuela • Dr. Ramon Jason M. Javier • Dr. Franciosa L. Gavino • Dr. Jose Ronilo G. Juangco • Dr. Niño D.M. Dayanghirang • Ms. Mirvill Ramirez <p><i>UERMMMCI College of Medicine Student Council</i></p>
<p>January to February 2010</p>	<ul style="list-style-type: none"> • Soup Kitchen 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Jennifer M. Nailes • Dr. Ramon Jason M. Javier • Ms. Mirvill V. Ramirez
<p>January 2010</p>	<ul style="list-style-type: none"> • Free Medical-Surgical Mission 	<p><i>UERM Medical Alumni Association of Southern California</i></p> <p><i>Medicine, Surgery, Obstetrics and Gynecology</i></p> <ul style="list-style-type: none"> • Dr. Andres D. Borromeo • Dr. Henry A. Yañez • Resident Physicians <p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Ramon Jason M. Javier

February 2010	<ul style="list-style-type: none"> • Operation Timbang: Screening for Childhood Malnutrition 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes
March 2010	<ul style="list-style-type: none"> • Public Health Lecture on Colorectal Disease and Free Digital Rectal Examination • Public Health Lecture on Pediatric Malignancies 	<p><i>Surgery</i></p> <ul style="list-style-type: none"> • Resident Physicians <p><i>Pediatrics</i></p> <ul style="list-style-type: none"> • Dr. Marianbelle P. Tablante
April 2010	<ul style="list-style-type: none"> • Public Health Lecture on Pediatric Surgery • Lay Forum on Brain Attack • Operation Tule 	<p><i>Surgery</i></p> <ul style="list-style-type: none"> • Dr. Delfin B. Cuajunco <p><i>Section of Neurology, Clinical Neurosciences</i></p> <p><i>Preventive and Community Medicine, Surgery</i></p> <ul style="list-style-type: none"> • Resident Physicians
June 2010	<ul style="list-style-type: none"> • Lay Forum on Family Planning, Breastfeeding, and Cervical Cancer Screening • Free Pap Smear 	<p><i>Anatomy</i></p> <ul style="list-style-type: none"> • Dr. Cristina E. Zulueta <p><i>Medical Humanities</i></p> <ul style="list-style-type: none"> • Dr. Arcangel Diamante <p><i>Obstetrics and Gynecology</i></p> <ul style="list-style-type: none"> • Dr. Jay Arnold Famador <p><i>Pathology</i></p> <ul style="list-style-type: none"> • for histopathology
July 2010	<ul style="list-style-type: none"> • Disability Screening of Joint Pain • Free DEXA Screening for Osteoporosis 	<p><i>Rehabilitation Medicine</i></p> <ul style="list-style-type: none"> • Dr. Arnel Malaya • Dr. Josephine Bundoc <p><i>College of Physical Therapy, UERMMMCI</i></p>

<p>July 2010</p>	<ul style="list-style-type: none"> • Launching of the Nutrition Program -- "NUTRI-CHIKA: Usapan Tungkol at Para sa Nutrisyon" 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Ramon Jason M. Javier • Dr. Franciosa Luningning G. Gavino • Dr. Jennifer M. Nailes • Dr. Jose Ronilo G. Juangco <p><i>Community Extension and Social Action Unit</i></p>
<p>August 2010</p>	<ul style="list-style-type: none"> • "NUTRI-CHIKA: Usapan Tungkol at Para sa Nutrisyon" • Intensive Phase of Nutrition / Feeding Program • Mother's Classes 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina T. Paredes • Dr. Ramon Jason M. Javier • Dr. Franciosa Luningning G. Gavino • Dr. Jennifer M. Nailes • Dr. Jose Ronilo G. Juangco <p><i>Community Extension and Social Action Unit</i></p> <p><i>Physiology</i></p> <ul style="list-style-type: none"> • Dr. Jomi Alcon <p><i>Pediatrics</i></p> <ul style="list-style-type: none"> • Dr. Marianbelle Tablante <p><i>Biochemistry</i></p> <ul style="list-style-type: none"> • Dr. Ma. Milagros U. Magat <p><i>Pathology</i></p> <ul style="list-style-type: none"> • Dr. Araceli Jacoba <p><i>Dietary Section, UERM Memorial Hospital</i></p> <ul style="list-style-type: none"> • Ms. Jemma De Leon <p><i>College of Nursing, UERMMMCI</i></p> <ul style="list-style-type: none"> • Ms. Elvira Lim

September 2010	<ul style="list-style-type: none"> • Epilepsy Lay Forum • Voice Awareness Week: Free Video Laryngoscopy • “NUTRI-CHIKA: Usapan Tungkol at Para sa Nutrisyon” • Maintenance Phase of Nutrition / Feeding Program • Mother’s Classes: Graduation (093010, at the Preventive and Community Medicine Modules 1-4) 	<p><i>Clinical Neurosciences, Section of Neurology</i></p> <p><i>Otorhinolaryngology</i></p> <ul style="list-style-type: none"> • Resident Physicians <p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Georgina Paredes • Dr. Ramon Jason Javier • Dr. Franciosa Luningning Gavino • Dr. Jennifer Nailes • Dr. Jose Ronilo Juangco <p><i>Community Extension and Social Action Unit</i></p>
October 2010	<ul style="list-style-type: none"> • Community Diagnosis: Area 3 Kapiligan and Quezon Institute (QI) Compound --- Una, Kapit-Bisig, Malang, Buklod ng Pagkakaisa • Public Health Lecture on Hemorrhoids, Colorectal Disorders and Free Digital Rectal Examination • Public Health Lecture on Breast Masses 	<p><i>Preventive and Community Medicine</i></p> <ul style="list-style-type: none"> • Dr. Jennifer M. Nailes • Dr. Georgina T. Paredes • Dr. Grace E. Brizuela • Dr. Jose Ronilo G. Juangco • Dr. Ramón Jason M. Javier • Dr. Franciosa Luningning G. Gavino <p><i>Surgery</i></p> <ul style="list-style-type: none"> • Resident Physicians
November 2010	<ul style="list-style-type: none"> • Herbal Medicine Preparation 	<p><i>Pharmacology</i></p> <ul style="list-style-type: none"> • Dr. Maria Angeles Marbella • Dr. Ronaldo Marcelo Macaraig • Dr. Ma. Petrina Zotomayor • Dr. Chiara Marie Dimla • Dr. Henrietta Dela Cruz • Dr. Lyn Rivadillo • Dr. Paz Garcia

November 2010	<ul style="list-style-type: none"> Deaf Awareness Week: Free Pure Tone Audiometry 	Otorhinolaryngology <ul style="list-style-type: none"> Resident Physicians
December 2010	<ul style="list-style-type: none"> “NUTRI-CHIKA: Usapan Tungkol at Para sa Nutrisyon” Christmas Party for Children and Mothers 	Preventive and Community Medicine <ul style="list-style-type: none"> Dr. Georgina T. Paredes Dr. Jennifer M. Nailes Dr. Ramon Jason M. Javier Ms. Mirvill V. Ramirez College of Medicine <ul style="list-style-type: none"> Dr. Alfaretta Luisa T. Reyes
January 2011	<ul style="list-style-type: none"> “NUTRI-CHIKA: Usapan Tungkol at Para sa Nutrisyon” End of Feeding Program Thyroid Screening: Free Fine Needle Aspiration Biopsy Public Health Lecture: Anterior Neck Masses 	Preventive and Community Medicine <ul style="list-style-type: none"> Dr. Georgina T. Paredes Dr. Ramon Jason M. Javier Otorhinolaryngology Pathology <ul style="list-style-type: none"> for histopathology

Prepared by:

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